

# Logic Model 'CyberSense': reducing harm through positive responses to cyberbullying

## INOK Intervention Inputs

**Cyber-stories [7]**  
Analysis of unwanted behaviour

**Storyboards & Role Play [8]**  
Developing positive strategies in response to cyberbullying

**Judge Kadeem & Spot the Symbol [9]**  
Making judgements and staying safe online

**Problems & Solutions [10]**  
Practicing skills associated with assertiveness

**Circle of Support and Big Cyber Quiz [11]**  
Where to get advice & support

## Mechanisms

**Increased Knowledge**

- Appropriate / Inappropriate behaviour
- Language to de-escalate conflict, talk about feelings and empower bystanders
- People to turn to for help [4]

**Improved Communication Skills**

- Questioning techniques and apologies to de-escalate conflict
- Talking about feelings, a constructive way to ask for help
- Techniques to empower bystanders [5]

**Increased Confidence**

- To employ communication skills
- Ask for help [6]

## Intermediate Outcomes

**Empowered individuals**  
With constructive strategies to respond to cyber bullying [3]

**Improved norms**  
What is unacceptable behaviour and how to respond to it [2]

## Ultimate Outcome

**Reduce harm associated with cyberbullying/ bullying [1]**