

Face Up

# FACE UP LESSON DELIVERY TOOL

**Name of school:**

**Class/form group:**

**Number of pupils in class:**

**Scheduled start and end dates:**



## INTRODUCTION TO THE FACE UP LESSON DELIVERY TOOL

### What this tool is for

This tool is designed to be completed *after* each lesson of Face Up, by the teacher delivering the lesson. It can be completed electronically (preferably) or on paper. It should take about 5 minutes to complete the tool for each Face Up lesson. We recommend that it is completed as soon as possible after the lesson while things are still fresh in the mind.

The purpose of this tool is to help us better understand what is being delivered in classrooms in terms of Face Up lessons, what works well and what may not be working so well. It also asks about pupil engagement with the activities and the usefulness of the lesson plans.

### What is in the tool

There are two pages to be completed for each Face Up lesson. The first page asks about things like the timing of delivery, lesson planning and pupil engagement, and has a brief checklist for recording which parts of the lesson were covered. The second page asks about the experience of delivering the lesson – what went well, less well etc.

### How to use the tool

This tool is presented in the form of a booklet, with one booklet to be maintained for each pupil class or form group. We are requesting that the school HEARTS coordinator ensures that each class has a booklet, first filling in the information on the cover, and that it is maintained regularly by the teacher(s) delivering the programme. If there is more than one teacher who delivers Face Up to a class, it is important to ensure that the booklet is passed to the relevant teacher so that they can complete at the end of the lesson.

*If completing the tool electronically, please click on the relevant tick boxes to indicate your response and type comments into the text boxes. To undo a tick click on the relevant box again.*

We are also asking that the school HEARTS coordinator emails the completed booklets for each class to the Research Coordinator, Shreya Sonthalia. It would be good if these could be sent every two weeks or after every two lessons.

### How the information will be used

The information provided in the course of filling in the tool will be very valuable for the HEARTS project. It will be used by the research team (Dartington Social Research Unit) to analyse the delivery of Face Up lessons. It will also be used by the research team and the developer of Face Up (Ariel Trust) to help refine Face Up. No identifying information will appear in reports of the research (i.e. no teacher or school names), and the information is not being used to monitor teacher performance.

If you have any questions about any of this, please contact Shreya Sonthalia:  
E: [Shreya.Sonthalia@dartington.org.uk](mailto:Shreya.Sonthalia@dartington.org.uk) or T: 020 3701 7321



## MODULE 1, LESSON 1

**Preparation time (in mins):**

**Number of school lessons in which this Face Up lesson was delivered:**

If it was delivered in parts (i.e. two or more school lessons), please indicate this below:

<b>Lesson duration (in mins)</b>	<b>Date (dd/mm/yy)</b>
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**Part A**

**Part B**

**Part C**

**Which curriculum was this lesson delivered in?**

(e.g. Form time, ICT, Drama, English)

**Please state the main subject(s) you teach**

(e.g. English, Geography, Maths, PSHE)

**How well were the objectives of the lessons met?**

Not at all      To some extent      Moderately well      Well      Very well

**Approximately how many students were engaged and enthusiastic about the lesson?**

0-25%      26-50%      51-75%      76-100%

**Please indicate whether each of the activities was covered in full, partially or omitted.**

**In full      Partially      Omitted**

Handout 1.1: Teen and Power Control wheel  
Discussion

Video: You can't wear that  
Large group discussion on video

Video: Text control  
Small group discussion on video  
Handout 1.2: Word list

Handout 1.3: Additional activities

**Did you use the lesson plan?**

Yes, in full      Yes, partially      No, did not use it

**If you did not use the lesson plan, please say why:**

Face Up Lesson Delivery Tool  
Lesson 1

**If some activities were not completed, please explain why:**

**Please comment on the suggested timing for the activities:**

**Which aspects of the lesson worked well?**

**Which aspects of the lesson did not work so well?**

**What would you do differently if you had to teach this Face Up lesson again?**

**Please mention any other comments, observations or reflections that you may have:**

**Name of teacher:**

**Date:**

*Thank you for completing the Face Up delivery tool for Lesson 1.*



## MODULE 1, LESSON 2

**Preparation time (in mins):**

**Number of school lessons in which this Face Up lesson was delivered:**

If it was delivered in parts (i.e. two or more school lessons), please indicate this below:

	<b>Lesson duration (in mins)</b>	<b>Date (dd/mm/yy)</b>
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Part A

Part B

Part C

**Which curriculum was this lesson delivered in?**

(e.g. Form time, ICT, Drama, English)

**Please state the main subject(s) you teach**

(e.g. English, Geography, Maths, PSHE)

**How well were the objectives of the lessons met?**

Not at all      To some extent      Moderately well      Well      Very well

**Approximately how many students were engaged and enthusiastic about the lesson?**

0-25%      26-50%      51-75%      76-100%

**Please indicate whether each of the activities was covered in full, partially or omitted.**

**In full      Partially      Omitted**

Discussion on differences between Danielle and Olivia

Handout 2.1: Circle of support  
Discussion on support

Storyboard for Danielle  
CD-ROM scenario  
Handout 2.2: Communication strategies  
Handout 2.3: Blank storyboard

**Did you use the lesson plan?**

Yes, in full      Yes, partially      No, did not use it

**If you did not use the lesson plan, please say why:**

**If some activities were not completed, please explain why:**

**Please comment on the suggested timing for the activities:**

**Which aspects of the lesson worked well?**

**Which aspects of the lesson did not work so well?**

**What would you do differently if you had to teach this Face Up lesson again?**

**Please mention any other comments, observations or reflections that you may have:**

**Name of teacher:**

**Date:**

*Thank you for completing the Face Up delivery tool for Lesson 2.*

## MODULE 1, LESSON 3

**Preparation time (in mins):**

**Number of school lessons in which this Face Up lesson was delivered:**

If it was delivered in parts (i.e. two or more school lessons), please indicate this below:

	<b>Lesson duration (in mins)</b>	<b>Date (dd/mm/yy)</b>
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**Part A**

**Part B**

**Part C**

**Which curriculum was this lesson delivered in?**

(e.g. Form time, ICT, Drama, English)

**Please state the main subject(s) you teach**

(e.g. English, Geography, Maths, PSHE)

**How well were the objectives of the lessons met?**

Not at all      To some extent      Moderately well      Well      Very well

**Approximately how many students were engaged and enthusiastic about the lesson?**

0-25%      26-50%      51-75%      76-100%

**Please indicate whether each of the activities was covered in full, partially or omitted.**

**In full      Partially      Omitted**

Small group role plays

Large group role play

Analytical discussion on strategies used in role plays

Handout 3.1: Communication strategies

**Did you use the lesson plan?**

Yes, in full

Yes, partially

No, did not use it

**If you did not use the lesson plan, please say why:**

**If some activities were not completed, please explain why:**

**Please comment on the suggested timing for the activities:**

**Which aspects of the lesson worked well?**

**Which aspects of the lesson did not work so well?**

**What would you do differently if you had to teach this Face Up lesson again?**

**Please mention any other comments, observations or reflections that you may have:**

**Name of teacher:**

**Date:**

*Thank you for completing the Face Up delivery tool for Lesson 3.*



## MODULE 1, LESSON 4

**Preparation time (in mins):**

**Number of school lessons in which this Face Up lesson was delivered:**

If it was delivered in parts (i.e. two or more school lessons), please indicate this below:

<b>Lesson duration (in mins)</b>	<b>Date (dd/mm/yy)</b>
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**Part A**

**Part B**

**Part C**

**Which curriculum was this lesson delivered in?**

(e.g. Form time, ICT, Drama, English)

**Please state the main subject(s) you teach**

(e.g. English, Geography, Maths, PSHE)

**How well were the objectives of the lessons met?**

Not at all      To some extent      Moderately well      Well      Very well

**Approximately how many students were engaged and enthusiastic about the lesson?**

0-25%      26-50%      51-75%      76-100%

**Please indicate whether each of the activities was covered in full, partially or omitted.**

**In full      Partially      Omitted**

Discussion on sources of help

Video: It's OK Sis and discussion

Research activity

Handout 4.1: Listing organisations providing support

Discussion on answers

**Did you use the lesson plan?**

Yes, in full

Yes, partially

No, did not use it

**If you did not use the lesson plan, please say why:**

Face Up Lesson Delivery Tool  
Lesson 4

**If some activities were not completed, please explain why:**

**Please comment on the suggested timing for the activities:**

**Which aspects of the lesson worked well?**

**Which aspects of the lesson did not work so well?**

**What would you do differently if you had to teach this Face Up lesson again?**

**Please mention any other comments, observations or reflections that you may have:**

**Name of teacher:**

**Date:**

*Thank you for completing the Face Up delivery tool for Lesson 4.*



## MODULE 2, LESSON 5

**Preparation time (in mins):**

**Number of school lessons in which this Face Up lesson was delivered:**

If it was delivered in parts (i.e. two or more school lessons), please indicate this below:

	<b>Lesson duration (in mins)</b>	<b>Date (dd/mm/yy)</b>
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**Part A**

**Part B**

**Part C**

**Which curriculum was this lesson delivered in?**

(e.g. Form time, ICT, Drama, English)

**Please state the main subject(s) you teach**

(e.g. English, Geography, Maths, PSHE)

**How well were the objectives of the lessons met?**

Not at all      To some extent      Moderately well      Well      Very well

**Approximately how many students were engaged and enthusiastic about the lesson?**

0-25%      26-50%      51-75%      76-100%

**Please indicate whether each of the activities was covered in full, partially or omitted.**

**In full      Partially      Omitted**

Discussion on bystander intervention

Video: Teenage Kicks

Large group discussion on video

Handout 5.1: Word list to describe a bystander

Large group discussion using Handout 5.1

**Did you use the lesson plan?**

Yes, in full      Yes, partially      No, did not use it

**If you did not use the lesson plan, please say why:**

Face Up Lesson Delivery Tool  
Lesson 5

**If some activities were not completed, please explain why:**

**Please comment on the suggested timing for the activities:**

**Which aspects of the lesson worked well?**

**Which aspects of the lesson did not work so well?**

**What would you do differently if you had to teach this Face Up lesson again?**

**Please mention any other comments, observations or reflections that you may have:**

**Name of teacher:**

**Date:**

*Thank you for completing the Face Up delivery tool for Lesson 5.*



## MODULE 2, LESSON 6

**Preparation time (in mins):**

**Number of school lessons in which this Face Up lesson was delivered:**

If it was delivered in parts (i.e. two or more school lessons), please indicate this below:

	<b>Lesson duration (in mins)</b>	<b>Date (dd/mm/yy)</b>
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**Part A**

**Part B**

**Part C**

**Which curriculum was this lesson delivered in?**

(e.g. Form time, ICT, Drama, English)

**Please state the main subject(s) you teach**

(e.g. English, Geography, Maths, PSHE)

**How well were the objectives of the lessons met?**

Not at all	To some extent	Moderately well	Well	Very well
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**Approximately how many students were engaged and enthusiastic about the lesson?**

0-25%	26-50%	51-75%	76-100%
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**Please indicate whether each of the activities was covered in full, partially or omitted.**

<b>In full</b>	<b>Partially</b>	<b>Omitted</b>
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Discussion on how Gemma can intervene

Video: There She Goes

Discussion on video

Handout 6.1: How could Jane's friend intervene

Discussion on how bystanders might intervene

Handout 6.2: Sentence building and synonyms

**Did you use the lesson plan?**

Yes, in full	Yes, partially	No, did not use it
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**If you did not use the lesson plan, please say why:**

**If some activities were not completed, please explain why:**

**Please comment on the suggested timing for the activities:**

**Which aspects of the lesson worked well?**

**Which aspects of the lesson did not work so well?**

**What would you do differently if you had to teach this Face Up lesson again?**

**Please mention any other comments, observations or reflections that you may have:**

**Name of teacher:**

**Date:**

*Thank you for completing the Face Up delivery tool for Lesson 6.*



## MODULE 2, LESSON 7

**Preparation time (in mins):**

**Number of school lessons in which this Face Up lesson was delivered:**

If it was delivered in parts (i.e. two or more school lessons), please indicate this below:

	<b>Lesson duration (in mins)</b>	<b>Date (dd/mm/yy)</b>
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**Part A**

**Part B**

**Part C**

**Which curriculum was this lesson delivered in?**

(e.g. Form time, ICT, Drama, English)

**Please state the main subject(s) you teach**

(e.g. English, Geography, Maths, PSHE)

**How well were the objectives of the lessons met?**

Not at all      To some extent      Moderately well      Well      Very well

**Approximately how many students were engaged and enthusiastic about the lesson?**

0-25%      26-50%      51-75%      76-100%

**Please indicate whether each of the activities was covered in full, partially or omitted.**

**In full      Partially      Omitted**

Discussion on how pupils might intervene

Storyboard for Mark

Handout 7.1: Storyboard preparation

Handout 7.2: Blank storyboard

Small group role plays

Large group role play

Analytical discussion on strategies used in role plays

**Did you use the lesson plan?**

Yes, in full

Yes, partially

No, did not use it

**If you did not use the lesson plan, please say why:**

**If some activities were not completed, please explain why:**

**Please comment on the suggested timing for the activities:**

**Which aspects of the lesson worked well?**

**Which aspects of the lesson did not work so well?**

**What would you do differently if you had to teach this Face Up lesson again?**

**Please mention any other comments, observations or reflections that you may have:**

**Name of teacher:**

**Date:**

*Thank you for completing the Face Up delivery tool for Lesson 7.*

## MODULE 2, LESSON 8

**Preparation time (in mins):**

**Number of school lessons in which this Face Up lesson was delivered:**

If it was delivered in parts (i.e. two or more school lessons), please indicate this below:

	<b>Lesson duration (in mins)</b>	<b>Date (dd/mm/yy)</b>
--	--------------------------------------	----------------------------

**Part A**

**Part B**

**Part C**

**Which curriculum was this lesson delivered in?**

(e.g. Form time, ICT, Drama, English)

**Please state the main subject(s) you teach**

(e.g. English, Geography, Maths, PSHE)

**How well were the objectives of the lessons met?**

Not at all      To some extent      Moderately well      Well      Very well

**Approximately how many students were engaged and enthusiastic about the lesson?**

0-25%      26-50%      51-75%      76-100%

**Please indicate whether each of the activities was covered in full, partially or omitted.**

**In full      Partially      Omitted**

Discussion on problems one and two

Small group activity – problems 3-6

Handout 8.1: Problems 3-6

Discussion to feed back answers

Handout 8.2 – own problems

Discussion on answers

**Did you use the lesson plan?**

Yes, in full

Yes, partially

No, did not use it

**If you did not use the lesson plan, please say why:**

**If some activities were not completed, please explain why:**

**Please comment on the suggested timing for the activities:**

**Which aspects of the lesson worked well?**

**Which aspects of the lesson did not work so well?**

**What would you do differently if you had to teach this Face Up lesson again?**

**Please mention any other comments, observations or reflections that you may have:**

**Name of teacher:**

**Date:**

*Thank you for completing the Face Up delivery tool for Lesson 8.*

Please use this space to provide any overall comments you may have about your experience of delivering Face Up:

Name of teacher:

Date:

*Thank you for completing the Face Up delivery tool.*

The school HEARTS coordinator is requested to email the completed booklet to  
Shreya Sonthalia (Research Coordinator)  
E: [Shreya.Sonthalia@dartington.org.uk](mailto:Shreya.Sonthalia@dartington.org.uk)



**HEARTS Project**  
HEalthy Adolescent Relationship Training Study

